



# Cultural Humility Training Agenda

## BEFORE LIVE-TRAINING STARTS, COMPLETE THE SELF-STUDY ACTIVITIES:

1. Login to the Cultural Humility course and become familiar with the site
2. Pre-Course Survey
3. CH Self-Study Modules (approx. 4.5 hours)
4. Self-Study Post-Assessment

## DAY 1 LIVE SESSION

Download your CH Learner Guide from the CH course homepage. Scroll down to the **Live Sessions** section and click on the arrow to expand, then find the associated materials under the sub-header **Materials** listed under **Day 1**.

Time	Module & Topic
9:00 AM – 9:20 AM	Welcome and Introduction!
9:20 AM – 10:25 AM	Module 1: Defining Cultural Humility
10:25 AM – 10:35 AM	BREAK
10:35 AM – 11:50 AM	Module 2: Implicit Bias and Public Health Response
11:50 AM – 12:00 PM	BREAK
12:00 PM – 12:50 PM	Module 3: Contexts and Histories of Harm: Making the Case for Compassionate Curiosity and Acceptance
12:50 PM – 1:00 PM	Rapid Review and Closing

## DAY 2 LIVE SESSION

Use the same Learner Guide you downloaded on **Day 1**.

Time	Module & Topic
9:00 AM – 9:15 AM	Welcome and Introduction!
9:15 AM – 10:20 AM	Module 4: Effective Communication: Building Collaborative Relationships
10:20 AM – 10:35 AM	BREAK
10:35 AM – 11:25 AM	Module 5: Advocacy
11:25 AM – 11:40 AM	BREAK
11:40 AM – 12:15 PM	Module 6: Maintaining Wellness
12:15 PM – 12:35 PM	Rapid Review and Closing
12:35 PM – 12:50 PM	Post-Training Assessment

## AFTER LIVE-TRAINING ENDS, COMPLETE:

1. The Post-Course Survey (you will have until three business days after the training at 5:00 pm to complete the survey).
2. After you complete your post-course survey, your Record of Completion will be available in the **Record of Completion** section of the CH course homepage.

Our goal is to create trainings that are accessible to everyone. Please tell us about any accessibility barriers or request accommodations by emailing [vta.uc.accessibility@gmail.com](mailto:vta.uc.accessibility@gmail.com).

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